

## *Table of Contents*

### Introduction

- Session 1 Women's Spirituality: A Force for Nonviolent Peacemaking
- Session 2 Empowering Images of the Divine

### PART ONE: Power-Within

- Session 3 Unleashing Our Power-Within
- Session 4 What Gets in the Way?
- Session 5 Our Movement Toward Healing

### PART TWO: Power-With

- Session 6 Discovering New Responses to Conflict
- Session 7 Practicing Nonviolent Responses
- Session 8 Creative Power: Expanding our Vision of Peacemaking

### PART THREE: Community Power

- Session 9 Powerful Communities: Creating Circles of Equality
- Session 10 The Earth is Our Mother: Our Connection to Creation

### PART FOUR: Sisterhood

- Session 11 Sisterhood is Still a Powerful Force: Women and Social Change
- Session 12 Acting for Peace
- Session 13 Celebrating Our Power as Women!

### Facilitation Guidelines

Resources

Works Cited

Acknowledgements