

**CHANGES MADE FOR SECOND PRINTING OF ENGAGE  
NOVEMBER 2006  
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**SESSION 1**

Pg 4 – The exercise “Sharing Our Passion [10 min]” was added to the Agenda after “Sharing Our Names”

Pg. 7 – the following exercise was added following the exercise SHARING OUR NAMES:

**SHARING OUR PASSION – 10 MIN**

*Share the following in your own words:*

Before introducing the goals of the program, I invite you to take a moment to think about an issue that you are passionate about, and interested in taking action on. As you shall see nonviolence is not a passive venture, but an active engagement in the word around us. What is it that you hope to address with nonviolence?

*After a minute or two of silence invite the participants to share one at a time, at whatever level they feel comfortable to share the issue that they are interested in taking action on. Ensure that they know that it is OK not to share. After all have spoken who want to, thank them for their sharing and conclude in your own words:*

Allow the issue you identified to serve as an anchor and a reference point for you as you continue through the weeks of this program.

Pg 8 – near the top of the page – the 4<sup>th</sup> bullet was changed to read: “To connect with a community of people which supports, encourages, and challenges our practice of nonviolence.” A 5<sup>th</sup> bullet was added which read: “To take nonviolence action together as a group.”

Pg. 13 – the word “blank” is deleted in the first line under the title “Nonviolence Journal”

Pg 14 – the following point was added to the ENGAGE STUDY PROGRAM COMMITMENTS

- The Engage Program also includes planning and participating in a nonviolent action of the group’s choosing (Sessions 9-11).

**SESSION 2**

Pg. 26 – The headings “Reflecting Creatively on the Experience of Violence [15 min]” and “Small Group Reflection on the Experience of Violence [15 min]” were condensed to read “Sharing an Experience of Violence” and the time was changed to [35 min].

Pg. 33 – After the instructions (*Post questions*) which appear right before the 3 questions near the end of the page, the following instructions were added: “*Pick a spokesperson for the group who will report back.*”

In the second question, the last question “Does it make it a different kind of violence?” was deleted. The third question was changed to read “Are some types of violence more acceptable than others. How so?”

The phrase “*and debrief*” was added to the end of the instructions at the end of the page.

Pg. 35 – Time change from 30 min to 35 min for the exercise SHARING AN EXPERIENCE OF VIOLENCE. The heading “Large Group Debrief” and the following instructions were added before the instructions near the end of the page which begin “*After participants have finished ...*”: “*Ask participants to share insights or commonalities in the stories without sharing the stories themselves.*”

Time change from 20 min to 15 min for the CONCLUSION.

### **SESSION 3**

Pg. 49 – In the first bullet point under the heading “Materials Needed,” “large bowl” was deleted. The bullet point that began “Write out on small strips of paper ...” was deleted. The third bullet point under the heading “Write out on easel paper:” was changed to read “The two small group reflection questions under the exercise “Cultural Attitudes and Beliefs About Violence”

Pg. 52 – The “Small Group Reflection [10 min] at the top becomes “Large Group Reflection [25 min].

The instructions that began “*Invite the group to break into groups ...*” becomes “*Brainstorm the following questions with the group.*”

“Large Group Reflection” heading is deleted, as is the next line of instructions that begins “*Call the group back ...*”

Pg. 53 – The top three bullet points are deleted. The instructions “*Ask the group*” are replaced by “*Brainstorm with the group:*” The first two bullet points following that instruction are deleted. In the next set of instructions, the line beginning “*Have a member from each group ...*” is deleted. The first set of instructions after the heading “Small Group Sharing” should read as follows: “*Take about 10 minutes in the small groups to answer the following questions.*” In the first bullet point, the word “listed” is changed to “identified” and the phrase in parenthesis “or doesn’t play” is deleted. The second bullet point is changed to read “How is this belief reinforced or promoted in society?” The next three bullet points are deleted.

Pg. 56 – The heading SMALL GROUP SHARING has been changed to read OUR OWN EXPERIENCES OF REACTING TO VIOLENCE

Pg. 62 – the word “jars” has been replaced with the word “wars” in the seventh line down.

### **SESSION 4**

Pg. 73 – The first two bullet points have been deleted.

In the very last set of instructions, the instructions should read as follows: *“When the first round is ended, ask everyone in each circle to stand up, turn out and de-role (both emotionally and physically). When they feel ready to assume the next role, they can turn back in and sit down. Allow 30 seconds for people to think about their new roles. Beginning with “Then commence the second round,” the instructions stay the same.*

## **SESSION 5**

Pg. 90 – Time change from 15 min to 20 min for exercise CARA: A FOUR STEP PROCESS

Pg. 92 – Instructions at top of page deleted.

Pg. 93 – The following instructions have been added to the end of “Step Four” right before the exercise NONVIOLENT ENGAGEMENT: *“Model using the steps with a simple (and maybe humorous) example. For example, one person wanting to open the window because he is hot and the other needing the window closed because she has allergies. Then debrief the example one step at a time – when and how the person used that particular step, or, if the person didn’t, how she or he could have used the step better.* Time change from 50 min to 45 min for the exercise NONVIOLENT ENGAGEMENT.

## **SESSION 7**

Pg. 132 – Time change from 10 min to 5 min for the Opening; from 60 min to 50 min for “From Indifference to Heart Unity Exercise”; and from 10 min to 15 min for the Conclusion. Also, the Opening has been moved below the Welcome.

Pg. 135 – Under the heading “Large Group Sharing”, the phrase *“social conditions”* has been changed to *“social conditioning.”* The following lines have been added to the end of that short first paragraph: *“An internalized attitude is a view or a belief about life, persons, or things that one has accepted as true. Social conditioning relates to the way one is taught to behave in society. It includes how one interacts with those who are different than he or she is and how one responds to situations that arise (or to violence, injustice, unwanted advances, etc).”*

The first bullet point, beginning *“What is an ...”* is deleted. In the second bullet point, the *“were”* has been replaced by the phrase *“might have been”*. In the second set of bullet points, the first bullet point has been deleted. The second bullet point now reads: *“What social conditioning might have occurred with the men? with Sue Monk Kidd?”* In the third bullet point, the word *“conditions”* has been changed to *“conditioning.”*

Pg. 136 – time change from 55 min to 50 min for the exercise FROM INDIFFERENCE TO HEART-UNITY

Pg. 137 – Under the heading “Exercise [20 min]” the following instruction has been added after the first sentence: *“Mention that no one, not even Gandhi or King, lives their lives at Stage 6, though certain actions may come from that place.”*

## **SESSION 9**

Pg. 178 – time change from 40 min to 30 min for “Beginning to Plan a Group Nonviolent Action”. The Welcome was moved ahead of the Opening.

Pg. 188 – Nonviolence Peaceforce changed to Nonviolent Peaceforce.

### **SESSION 10**

Pg. 202 – time change from 10 min to 15 min for the Conclusion

Pg. 206 – time change from 30 min to 45 min for the exercise USING THE NONVIOLENT ACTION CHECKLIST

### **SESSION 12**

Pg. 236 – time change from 45 min to 40 min for “Where Do We Go from Here?” and from 40 min to 50 min for the Conclusion. The Welcome was put before the Opening.

Pg. 237 – The last sentence under the exercise OPENING is an instruction and is now italicized.

Pg. 238 – time change from 45 min to 40 min for the exercise WHERE DO WE GO FROM HERE.

Pg. 239 – Under the heading “Start a Nonviolence Book Club” the phrase “found in the Resources” was added after the word books in the first line. Under the heading “Host a Nonviolence Movie Club” the phrase “in the Resource section” was added to the second bullet point.

Pg. 240 – time change from 60 min to 50 min for the CONCLUSION.